



Ashtanga Yoga Austin is honored to host

Master Teachers

**EDDIE STERN and DAVID SWENSON** 

## SUNDAY, SEPTEMBER 4, 2016 AUSTIN, TEXAS

Venue: Northwest Recreation Center 2913 Northland Dr, Austin, TX 78757

**Mysore Class** 

Eddie Stern & David Swenson

Led Class for Beginners

**Eddie Stern & David Swenson** 

Pranayama Class

Eddie Stern & David Swenson

Lecture: Consciousness,

Yoga & the Nervous System

Eddie Stern & Darshan Shah, MD

**Q&A** Eddie, David & Darshan

TO REGISTER: WWW.ASHTANGAYOGAAUSTIN.COM/EVENTS